

## West Ryde Rovers Football Club

# Winter Season Information 2024



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Welcome to West Ryde Rovers Football Club (WRRFC)

Established in 1956 by Lester Waud, the club has flourished as a family orientated sports club. Karen Waud OAM, Lester's daughter, is the Club President. She has been managing the club for many years, and has a passion for sport, which is proven by her 55 years in playing netball and almost the same in playing football for the Rovers.

We are the largest football club with the most members in the Ryde district and are proud of our achievements.

We pride ourselves on our commitment to continually develop and promote grassroots football within our Community, and dedicate our work with football stakeholders to provide a secure, family-orientated football environment, free from any form of abuse, intolerance or racism.

We are glad to have you as part of our growing family and wish you enjoyment and success in the season ahead.



## General Information

Club enquiries are to be directed to the Club Secretary at <u>secretary@wrrfc.com.au</u>, however, here are other important contacts you can reach out to.

Registration	Seniors - <u>registrar@wrrfc.com.au</u> Juniors – <u>juniorregistrar@wrrfc.com.au</u>
Competitions Director	competitions@wrrfc.com.au
Coaching Director	coaching@wrrfc.com.au
Womens Coaching	womenscoaching@wrrfc.com.au
Merchandise	equipment@wrrfc.com.au
Member Protection Officer	mpo@wrrfc.com.au
Sponsorship/Grants Officer	sponsorship@wrrfc.com.au

Important Links	
Website	www.wrrfc.com.au
Policies & Documents	Visit our website at wrrfc.com.au
Player Insurance	Visit FNSW Player Insurance



## Key Season Dates

Registration Opens	3 January		
Open Day – Come & Try	4 February Meadowbank Park		
Grading Day – Under 9 to 18	11, 12, 14 & 18 February Meadowbank Park. Time		
Team Allocation	27 February		
Miniroos Gala Day – U6, U7 & U8	3 March		
Coach Inservice – U6, U7 & U8	March	Date TBA	
Kit Handout	March Date TBA		
Internal Trials	24 & 31 March		
Training Starts	26 March		
Season Commences	6 & 7 April		
School Holidays	20 & 21 April U6 to U11 will not play		
June Long Weekend	10 June Games played on Mono		
Holiday Clinic	15 - 17 June		
Holiday Clinic	8 - 10 July		
Grand Finals	17/18 & 24/25 August		
Junior Presentation Day	September	Date TBA	



## Club Contacts

#### Management Committee Members

Position	Name	Email
President	Karen Waud OAM	president@wrrfc.com.au
Club Secretary	Chris Goddard	secretary@wrrfc.com.au
Treasurer	easurer Louise Goddard treasurer@wrrfc.com.au	
Registrar (NWSF) – Seniors	David Saba	registrar@wrrfc.com.au
Coaching Director	Dan Lambert	coaching@wrrfc.com.au
Equipment Manager	Catherine Blaine	equipment@wrrfc.com.au
Competitions Director	Tom Emeleus	competitions@wrrfc.com.au
Delegate (NWSF)	Craig Black	delegate@wrrfc.com.au

#### **General Committee Members**

Position	Name	Email
Registrar (NWSF) - Juniors	Ben Hall	juniorregistrar@wrrfc.com.au
Website & Communications	Angelo Tetto	webmaster@wrrfc.com.au
Sponsorship/Grants Officer	lan Walker	sponsorship@wrrfc.com.au
Social Media Officer	Alex Oliver	socialmedia@wrrfc.com.au
Grounds Coordinator	Glenn Zanolla	grounds@wrrfc.com.au
Assistant Grounds Coordinator	Nable Rahme	asstgrounds@wrrfc.com.au
Assistant Equipment Manager	Jayson Blaine	asstequ@wrrfc.com.au
Grading Coordinator	Michelle Downs	grading@wrrfc.com.au
Member Protection Officer	Danielle Michaels	mpo@wrrfc.com.au
Events Coordinator	Emily Lockwood	events@wrrfc.com.au
Community Liaison Officer	Michelle Prasad	community@wrrfc.com.au
MiniRoos Coordinator (U6-U8)	Trish Cummings	miniroos@wrrfc.com.au
Girls Coordinator (U9-U16)	Belinda Hall	girlscoordinator@wrrfc.com.au
Juniors (U9-U12)	Scott Tinsley	juniorcoordinator@wrrfc.com.au
Youth Coordinator (U13-17yrs)	Jeff Ludkin	youth.coordinator@wrrfc.com.au
Seniors Mixed Coordinator	Jim Van Bruinessen	seniorcoordinator@wrrfc.com.au
Senior Womens Coordinator	Ezia Totino	womens@wrrfc.com.au
Womens Development	Melissa Murphy	womensdevelopment@wrrfc.com.au
Womens Coaching	Natalie Stafford-Smith	womenscoaching@wrrfc.com.au



## Game Formats & Competitions

#### MiniRoos – Non-Competitive

MiniRoos Club Football uses small sided games (4v4, 7v7 & 9v9) rather than the traditional 11v11 format to cater to 5-11 year olds. The smaller fields, modified rules and fewer players mean a more enjoyable game with more opportunities to touch the ball and more opportunities to score goals, once again increasing the likelihood of an overall positive experience. As your child progresses through the various age groups they will be introduced to playing environments that most suite their stage of development and prepare them for the transition to 11v11 football when the time comes.

Grade	Players	Goalkeeper	Off-sides	Duration
U6	4 v 4	No	No	20min halves with 5min half-time
U7	4 v 4	No	No	20min halves with 5min half-time
U8	7 v 7	Yes	No	20min halves with 5min half-time
U9	7 v 7	Yes	No	20min halves with 5min half-time
U10	9 v 9	Yes	No	25min halves with 5min half-time
U11	9 v 9	Yes	No	25min halves with 5min half-time

Ball Size is **3** ball for under 6 to 9, and size **4** for under 10 to 11

#### **Juniors - Competitive**

From under 13 to 18, football changes to a full size field and introduces  $11 \vee 11$  teams. However, the under 12 Competition play on a 3/4 field and have a  $9 \vee 9$  team format. Results are recorded, and teams play for a Grand Final place.

Game time ranges from 25 minute halves to 45 minute halves depending on the age group.

Grading of players in teams determines the skill level of each player and allows them to be allocated into a division suitable to their ability.

Junior mixed (boy & girl combined teams) games are played on Saturdays, whilst junior girls only teams are played on Sundays.

Grade	Players	Goalkeeper	Off-sides	Duration
U12	9 v 9	Yes	Yes	25min halves with 5min half-time
U13	11 v 11	Yes	Yes	30min halves with 5min half-time
U14	11 v 11	Yes	Yes	30min halves with 5min half-time
U15	11 v 11	Yes	Yes	35min halves with 5min half-time
U16	11 v 11	Yes	Yes	35min halves with 5min half-time
U17/18	11 v 11	Yes	Yes	45min halves with 5min half-time

Ball size is **4** for under 12 to 13, and size **5** for under 14 to 18



#### **Seniors - Competitive**

Players aged 19 and above are able to play in their respective age groups, such as, Under 21, All Age, Over 30, Over 35, Over 40, Over 45, Super League and Premier League.

Grade	Players	Goalkeeper	Off-sides	Duration
U21	11 v 11	Yes	Yes	45min halves with 5min half-time
All Age	11 v 11	Yes	Yes	45min halves with 5min half-time
O30W	11 v 11	Yes	Yes	45min halves with 5min half-time
O35	11 v 11	Yes	Yes	45min halves with 5min half-time
O40W	11 v 11	Yes	Yes	40min halves with 5min half-time
O45	11 v 11	Yes	Yes	45min halves with 5min half-time
Premier L	11 v 11	Yes	Yes	45min halves with 5min half-time

#### **Forfeiting Games**

All forfeits must be reported to the WRRFC Secretary in writing to <u>secretary@wrrfc.com.au</u> by 4pm the Friday preceding. Failure to do so may incur a penalty fee to be paid by the team.

If you do not have enough players at the start of a match, then that match will be forfeited. There is no grace period or waiting time for players to turn up. The minimum number of players that need to be on the field for 11 v 11 teams, is seven (7). The rule does not apply to teams under 9 v 9.

Any team which plays an ineligible player, suspended player, or a player who is not registered with the Club/Association shall be deemed to have forfeited that match.

#### **Borrowing Players**

There are several documents on borrowing players such as the Borrowing Matrix's and Rules & Regulations. Visit <u>NWSF Website - Resources</u> to view.

#### Wet Weather

If incumbent weather disrupts matches, you will be notified by your team coach/manager. We endeavour to contact you as soon as possible should this occur. In some cases, matches will be postponed to another date where possible.

You can find information on ground closures at the City of Ryde <u>Sportsground Closures</u> website.

#### Referees

Where possible, an official referee will be allocated to your match. In the event that a referee is not available, both team managers must appoint a substitute referee or referees (one each half). The person or persons who referee the match have the same authority and rights as an official referee, including, but not limited to, cautioning or sending off a player and submitting incident reports.



#### **Referees continued...**

At no time should a substitute referee be called upon to referee a match whereby, they are not at the level to referee that match. For example, persons/referees under the age of 18 are unable to referee all age games and above.

### Registration

#### PlayFootball

Visit our registration webpage to register to play football with West Ryde Rovers FC. Or follow the links below.

Miniroos Club Football (ages 5-11)

Youth Club Football (ages 12-16)

Adult Club Football (18-99)

Coach and/or Manager (all age groups)

#### **Active Kids Voucher**

The NSW Government is helping kids get active with the Active Kids program.

Parents, guardians and carers can apply for a voucher for each school-enrolled child in their care aged 4.5 to 18 years.

The voucher is valued at **\$50** and can be put towards the cost of registration.

Entering the voucher number is the last step in the process of registering.

To obtain an Active Kids Voucher, visit ServiceNSW

#### Coach / Manager

All coaches and managers must register in PlayFootball in order to coach/manage a team. You must have a Working with Childrens Check number prior to the season commencing. You can obtain a WWCC from <u>ServiceNSW</u> should you not have one already. It is a two-part process. Complete a form online and then visit a <u>ServiceNSW</u> centre and verify your identity.

#### **Additional Questions**

At the final stage of registration, you will be asked to answer some questions. Please answer these honestly so that we can cater to your needs.



## Grading

Pre-Season grading will be held during February. Schedule will be available on our website by 1 February. Note: You must be a registered player to attend grading.

Grading is for all players from under 9 to under 18's.

On grading day, all players must wear sneakers (NO FOOTBALL BOOTS), bring shinpads and plenty of water. You must arrive 15 minutes prior to your start time.

For further information how the process works, visit our Grading FAQ document on our website.

## Pre-Season Activities

There are a number of pre-season activities that occur prior to season commencement. These include, but not limited to, grading sessions, Miniroos gala day and internal trial matches. All members are required to attend to so that members are properly placed into teams suitable to their needs.

Trial games are scheduled for the weekend of 24 & 31 March on a Sunday.

## Training

#### Allocated Training Day/Time

Training is held on a Tuesday, Wednesday or Thursday night between 5pm – 9pm.

Each team will be allocated a training day and time to train at Meadowbank Park.

Miniroos (under 6, 7 & 8s) will train each Thursday in one of two sessions from 5:15pm-6pm or 6:15pm-7pm.

To request your preferred training day/time contact our Competitions Manager at <u>competitions@wrrfc.com.au</u>.

All players must wear appropriate training gear, including boots and shinpads.

#### **Notifications & Communication**

Should a team cancel training on their scheduled day/time, they must notify the Competitions Director as soon as possible so that appropriate actions can be made.

If, by any chance, training is cancelled due to weather or unforeseen circumstances, the club will notify the coach/manager as soon as practical prior to your session.



## Player Uniform

On game day, all players must wear the uniform of the Club. This includes,

- Rovers playing shirt (provided by the Club and to be returned at the end of the season)
- Club branded shorts and socks (be available at various times during the pre-season, then from our Canteen throughout the season)
- Shin pads & football boots

Purchase of other merchandise such as tracksuits, hoodies, beanies, are available from our Canteen as well. Shin pads and football boots are to be worn at training sessions.

## Canteen Duties & Ground Dressing

All teams will be rostered to assist with Canteen/BBQ duty throughout the season. Canteen/BBQ duty is a 2-hour session either prior to or after your game at Meadowbank. Coaches & Managers will be notified in advance of when your rostered day/time will be, and it will be up to individuals to volunteer. This is an integral part of the Clubs commitment to our membership and is vital that each session is covered by 4 volunteers.

In addition to canteen duties, each ground needs to be dressed and undressed each weekend. Generally, these are dressed on Saturday, thanks to our committee members and volunteers, however, it is up to the teams playing the first game to arrive 30 prior to match start and dress the grounds. Nets are found at the Clubhouse near field 3. After the last game of the day, grounds are to be undressed. It is the home team that is responsible to undress the grounds and return them to the Clubhouse.

## Code of Conduct

There are several Code of Conduct documents that must be abide by when registering to play football. These codes, plus additional laws and regulations can be found on our website, NWSF, FNSW and FA's website. It is expected that each player, coach, volunteer and supporter has familiarised themselves with these codes and regulations and is imperative that each player plays in a manner that is safe and within the confines of the game.

Additionally, the Respect Program is a large part of the conduct, not only towards referees, but to each other as players, coaches, volunteers and supporters.



## At the end of the season Post Season Activities

#### **Presentation Days**

At the end of the season, a presentation day is held for all junior teams to attend to collect their award for playing in the winter season. We encourage all members to attend Meadowbank Park on the day where there will be fun activities and food.

#### **Equipment Kit Return**

The equipment for the winter season is to be returned to the club on the same day as our junior presentation day. Please ensure the kit, including all jerseys, are washed and folded prior to their return.

## Meadowbank Park Map

Meadowbank Park consists of several fields available for matches.

Miniroos

Under 6 & 7 - Fields 14, 15 & 16

Under 8 & 9 – Fields 4A, 4B & 5

Under 10 – Field 6

Under 11 & 12 – Fields 6 & 8A

#### **Juniors & Seniors**

Under 13 and above - Fields 3, 4, 7, 8, 9, 10 & LH Waud



